



Friends LifeCare PartnersSM

Pioneer. Innovate. Inspire.

OUR FAMILY OF COMPANIES

Friends Life Care

Friends Life Care Consultants, Inc.

Your Health Assessment

What to Expect

You will be contacted within the next few days to schedule your health assessment. This health assessment will be conducted by telephone or face-to-face by a health care professional who works for **LifePlans**, the company we have engaged to conduct these evaluations on our behalf.

Telephone assessments usually take about thirty (30) minutes to complete.

Face-to-face assessments are conducted in your home and usually take about an hour to complete.

The health assessment will include questions regarding your:

- ☐ Medical history (please have information available regarding the onset of any conditions, the date of last treatment, current symptoms, and test results)
- ☐ Social activities
- ☐ Driving
- ☐ Tobacco use
- ☐ A height, weight and blood pressure reading will be obtained during face-to-face assessments
- ☐ Exercise
- ☐ Medications, vitamins and supplements (name of medication/vitamin/ supplement, dosage, reason for taking the medication/vitamin/supplement and, if applicable, the prescribing physician)

The **LifePlans'** health care professional that conducts the health assessment has been carefully trained in the protocols for gathering the information. They are required to be consistent and objective and are discouraged from engaging in "small talk" with the applicant. **The LifePlans' health professional and health assessment process should not be confused with the health care professional who will become your care coordinator should you become a member of Friends Life Care. Your care coordinator will be actively engaged and interested in developing a relationship with you.**

The **LifePlans'** health care professional that conducts your health assessment will *not* be able to tell you if you are eligible for enrollment in Friends Life Care, rather the objective is to gather information and verify the details of your Friends Life Care application. The information obtained during the Health Assessment will be compiled with information included on your application and information obtained from your personal physician. The Plan Counselor will inform you of the decision as soon as it is made by the Admissions Reviewer.

If you have any questions regarding any aspect of this application process, please do not hesitate to contact your Plan Counselor at 215-628-8964.

Plan Counselor: _____